

SLOW COOKER PEANUT CHICKEN

Think slow cookers aren't cool? There's nothing cooler than a huge dinner with almost no work. And this ain't your granny's slow cooker recipe.

INGREDIENTS

- 200g Boneless, Skinless Chicken Breast
- 30g Peanut Butter



INSTRUCTIONS

- Step 1 ///**
Add chicken and peanut butter to slow cooker.
- Step 2 ///**
Cook on high heat for 7 hours.
- Step 3 ///**
Shred chicken with a fork before serving.

NUTRITION FACTS	Quantity/g	Protein	Carbs	Fats	Calories
CHICKEN BREAST, BONELESS/SKINLESS	200	46.4	0	1.6	200
PEANUT BUTTER	30	7.6	5.9	15.1	190
▶ TOTAL		54	6	17	390