



## **Two-Ingredient Cookies**

### **Ingredients**

2 medium-sized ripe banana  
1 1/2 cup rolled oats  
2 scoops protein powder  
Handful of raisins or walnuts (optional)

### **Directions**

1. Preheat the oven to 350 degrees F.
2. Mash the banana in a large bowl and mix in rolled outs and protein powder, stirring in more oats if needed until the mixture is less runny.
3. Take a small goop and mold into a shape you desire; lay atop a cookie sheet.
4. Bake for about 15-18 minutes depending on your desire of doneness. Just be sure to keep an eye on them. The recipe makes about 6-10 cookies depending on how big you made them.

Nutrition info per cookie (out of 9)

Calories: 90

Fat: 1 g

Carbs: 17 g

Protein: 7 g