

Tuna Guacamole With Baked Sweet Potato Chips

Ingredients For Tuna Guacamole

- 1 can tuna in oil
- 1.5 avocadoes
- 1/2 jalapeno pepper
- 1/2 lime (for its juice)
- 1/4 tomato
- 1 garlic clove
- 2 tablespoons chopped cilantro
- 31 baked sweet potato chips (for dipping)



Directions

- 1. Place one avocado in mortar and pestle (or molcajete) and add walnut oil and lemon juice.
- 2. Crush avocados and then add salt and pepper to taste.
- 3. Add tuna and the rest of the ingredients to avocado paste and mix well.
- 4. Enjoy with sweet potato or vegetable chips.

Calories: 901.75 Proteins: 35.2 g Carbohydrates: 56 g

Fats: 63.5 g

* Calories and macros are calculated for 1 serving