



## **Reeses Pieces Shake!**

### **Ingredients:**

- 1 cup skim milk
- 1 cup egg beaters
- 1 heaping tbsp peter pan honey roasted peanut butter
- 2.5 scoops double rich chocolate whey protein
- 1 heaping tbsp micronized creatine
- A sufficient amount of Coffeemate sugar free hazlenut flavoring!

Blend For 30-40 Seconds