



Chocolate Almond Delight

Ingredients:

- 10-12 oz pure water
- 15 raw almonds
- 1/2 tsp coconut extract
- 1.5 oz protein of choice (chocolate flavor)
- Stevia to taste (optional)
- 3-5 ice cubes (optional)

First, blend the almonds until creamy smooth in 1/2 the water, then add the rest of the ingredients.