

Jason Phillips

Just 23 years old, Jason Phillips has already succeeded in overcoming adversity. A chance meeting with an Abercrombie & Fitch representative who made a modeling offer sent 18-year-old Jason into an anorexic tailspin. In an effort to get abs, he totally disrupted his life. A big meal was one whole egg or two rice cakes. He wouldn't go out with friends so he wouldn't be around food. He lost jobs, had no energy and just wanted to sleep all day.

He ended up at a Gold's Gym working the front desk, and that's when this 5'10" kid weighing 123 pounds first saw a bodybuilder. Shortly thereafter he saw his first bodybuilding show, the Body Rock in Virginia. He met a bodybuilder who told him he needed to eat 4,000 calories every day.

Today Jason is a golf pro who toured for more than a year and a half. It was Tiger Woods who said to him, "You need to be strong to muscle the shots." That reinforced his efforts in the gym. He also wanted to fulfill his interest in lifting, however, so he stopped playing for a while. He's planning to do a couple of bodybuilding shows in 2008, and he hopes to earn his way back into pro golf again in 2009.

You can find more on Jason at BodyBuilding.com's BodySpace: JPhillips17.com.

—Ian Sitren

Editor's note: For more BodySpace bodies and info, visit www.Bodybuilding.com.



Photography by Ian Sitren \ SecondFocus

