



## **Protein Frosting**

Ingredients for frosting

Hydra 6 Killa Vanilla 1/4 scoop

Vanilla Greek yogurt 1 tbsp

Almond milk 1/4-1/2 cup (depending on desired consistency)

Coconut oil 1 tsp

Cinnamon 1 tsp

Vanilla extract to taste (a few drops)

Directions

1. Mix all ingredients together. Apply directly to baked treat. Enjoy!

Nutrition Facts

Serving size: 1 batch

Recipe yields 1 serving

Calories 111

Fat 7 g

Carbs 4 g

Protein 7 g